

FRIDAY MORNING

MALE	TIME	FEMALE
PENTATLON	FROM 9 TO 12.30	PENTATLON
STEEPLECHASE		STEEPLECHASE
110/100 HURDLES		110/100 HURDLES
TRIPLE JUMP		TRIPLE JUMP

SATURDAY MORNING

MALE	TIME	FEMALE
WALK RACE	FROM 9 TO 12.30	WALK RACE
SHOT PUT		SHOT PUT
LONG JUMP		LONG JUMP
M008		800M
200M		200M

SATURDAY AFTERNOON

MALE	TIME	FEMALE
400M	FROM 15.30 TO 19	DISCUS
DISCUS		400M
JAVELIN		100M
100M		1500M
1500M		JAVELIN
4X400		4X400

SUNDAY MORNING

MALE	TIME	FEMALE
HAMMER THROW	FROM 9 TO 12.30	HAMMER THROW
400MH/300MH		400MH/300MH
POLE VAULT		POLE VAULT
5000M		5000M
HIGH JUMP		HIGH JUMP
4X100		4X100