

X EUROPEAN POLICE AND FIRE GAMES / BRAGA - PORTUGAL 2024

1 Sports Family	2 Sport	3 Discipline	4 Event	5 Speciality	6 Category										7 Competitions				
					6a Gender		6b Participation						6c Age	6d Weight			6e Level		
					Men	Women	Individual	Binomial	Doubles	Mixed Pairs	Teams	Mixed Teams			Unisex Teams	Unique		Extra Combined Classification	
CONTACT SPORTS	Wrestling	Greco-Roman			x		1							Individual: 18-29 / 30-39 / 40-49 / 50+	notes below		Braga 14 Oct.		
		Freestyle			x	x	1												
	Judo			Tachi-Ne Waza	x	x	1							Individual: 18-29 / 30-39 / 40-49 / 50+	notes below	any grade and belt	Braga 12 Oct.		
	Jiu-Jitsu	Brazilian	With GI			x	x	1							Individual: 18-29 / 30-39 / 40-49 / 50+	notes below	any grade and belt	Braga 13 Oct.	
			Grappling			x	x	1											
	Karate	Shotokan	Kata			x	x	1				3			Individual: 18-29 / 30-39 / 40-49 / 50+	notes below	any grade and belt	Braga 18 Oct.	
			Kumite			x	x	1				Men 5 Wo. 3			Teams: 39- / 40+				
	Taekwondo		Combat			x	x	1							Individual: 18-29 / 30-39 / 40-49 / 50+	notes below	any grade and belt	Braga 19 Oct.	
			Freestyle			x	x	1		2	1+1				Doubles, Pairs & Teams: 39- / 40+ / 60+				
			Poomsae			x	x	1			1+1	3							
Kickboxing		Kick-Boxing			x	x	1						Individual: 18-39 / 40-44 / 45+	notes below		Braga 15-17 Oct.			
Boxing					x	x	1						Unique age category	notes below		Braga 18-20 Oct.			
Weight Category in Kg.	Wrestling	Greco-Roman	Men: 55, 60, 63, 67, 72, 77, 82, 87, 97, >97																
		Freestyle	Men: 57, 61, 65, 70, 74, 79, 86, 92, 97, >97 / Women: 50, 53, 55, 57, 59, 62, 65, 68, 72, >72																
	Judo	Tachi-Ne Waza	Men: 60, 66, 73, 81, 90, 100, >100 / Women: 48, 52, 57, 63, 70, 78, >78																
	Brazilian Jiu-Jitsu	With Kimono & Grappling	Men: 56, 62, 69, 77, 85, 94, >94 / Women: 49, 55, 62, 70, >70																
	Karate	Shotokan	Men: 60, 66, 75, 84, >84 / Women: 50, 55, 61, 68, >68																
	Taekwondo	Combat-Freestyle-Poomsae	Men: 58, 68, 80, >80 / Women: 49, 57, 67, >67																
	Kickboxing	Kick-Boxing	Men: 55, 60, 65, 70, 75, 80, 85, 90, >90 / Women: 50, 55, 60, 65, 65, 70, >70																
Boxing	Boxing	Men: 63.5, 67, 71, 75, 81, 86, 91, >91 / Women: 57, 60, 63.5, 67, 71, >71																	